

Benicia, CA

28 Solano County Schools Participating In Bike-To-School Day

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By [Maggie Avants](#) | May 6, 2019 7:34 pm ET



Bike-to-School Day (Shutterstock)

SOLANO COUNTY, CA — Solano County students are encouraged to strap on their safety helmets and pedal their way to school Wednesday, May 8 for National Bike to School Day. The annual event is organized locally by Solano Safe Routes to School, a program of the Solano Transportation Authority and Solano Public Health, and focuses on the physical and environmental benefits of biking to school instead of commuting by car.

"Biking is a great way for students to travel to school, get some exercise, and reduce traffic around their school," said Fairfield Mayor Harry Price, who serves as STA board chair. "For our young adults, biking provides a sense of independence and reinforces the development of healthy, lifelong habits."

This year, 28 Solano County elementary and middle schools are participating, according to Vincent Ma, spokesman for STA. "Drivers should pay extra attention around schools as more children will be riding bikes and scooters that day," Ma said.

According to the STA, students should be sure to follow these bike safety rules:

- Always wear a helmet
- Ride with the direction of traffic
- Walk your bike when crossing at crosswalks
- Make eye contact with drivers before crossing the street

In addition to National Bike-to-School Day on May 8 and Bike-to-Work Day on May 9, the STA is organizing family-friendly community rides in each city.

"These rides will take families and recreational riders on biking trails, through local neighborhoods and downtown districts, showcasing Solano County's numerous biking options," Ma said.

To find a list of participating schools and for more information on the community ride in your city, visit [Solanosr2s.ca.gov](https://solanosr2s.ca.gov) or call 707-399-3222.